

## NUFS Written Pledge

To The President of Nagoya University of Foreign Studies

I hereby pledge to abide by all the following rules and regulations when entering Japan for the purpose of studying at the Nagoya University of Foreign Studies (NUFS).

Content:

1. During the 14 days before arriving in Japan, I will check my body temperature every day. If I have any symptoms of COVID-19 including a fever, respiratory symptoms, strong feeling of weariness (fatigue), I will stop traveling to Japan.
2. I will get a test for COVID-19 within 72 hours of the departure to Japan and submit the “Certificate of Testing for COVID-19” (or copy) certifying a negative result, issued by a medical institution in the home country/region, to the quarantine inspectors and immigration authorities upon arrival in Japan. In case of the absence of the “Certificate of Testing for COVID-19” (or copy), I understand that my entry permit will be rejected according to the Immigration Control and the Refugees Recognition Act regulations in Japan.
3. I will buy private insurance during my stay in Japan, covering medical treatment costs, rescue expenses (expenses when family must visit Japan unexpectedly in the event of a major accident or illness), and personal liability. I will submit a copy of the insurance policy to NUFs International Office.
4. During the 14 days before entering Japan, I will not stay or visit any of the countries subject to the entry ban, except for my home country/region. In case the transit via a country subject to the entry ban is inevitable, I will not enter the transit countries.
5. I will act according to the rules for self-isolation after entering Japan instructed by the Ministry of Health, Labor and Welfare (MHLW) and the Health Monitoring Center for Overseas Entrants (HCO). <https://www.hco.mhlw.go.jp/en/>
6. After getting tested for COVID-19 at the arrival airport, I will stay in the waiting area designated by the quarantine authority and maintain physical distance from others until the test result comes out.
7. After receiving the negative result of the testing for COVID-19 at the arrival airport, I will stay in self-isolation for 14 days (15 nights) at the hotel designated by NUFs. I will be responsible for personal expenses such as meal expenses during the self-isolation. (NUFS will pay the hotel room charges.)
8. I will report to the NUFs International Office about my health condition, such as body temperature check and symptoms presence check, every day for 14 days (15 nights) after entering Japan.
9. I will follow the rules listed below during the 14-day (15-night) self-isolation.
  - Take action to prevent COVID-19 infection, such as washing hands, hand alcohol disinfection, etc.
  - Do not leave your hotel room unless in case of emergency.
  - Avoid any unnecessary contact. Do not have any visitors in your room.

10. In the case of the manifestation of COVID-19 related symptoms during the 14 days (15 nights) after my arrival in Japan, I will contact NUFS International Office immediately and follow the instructions on the related medical procedures.
11. In case of a positive test result for COVID-19 during the 14 days (15 nights) after my arrival in Japan, I will provide all the location information recorded with the smartphone map application "Google Map", and cooperate with the survey conducted by the Health Care Center. (The survey is the active epidemiological investigation based on the 15th article of the Act on the Prevention of Infectious Diseases and Medical Care for Patients with Infectious Diseases -the Infectious Diseases Control Law-.)
12. I understand that I will be subject to the revocation of visa status and deportation based on the Immigration Control and Refugee Recognition Act in the case of the failure to observe the above mentioned rules and regulations or the obtaining of an entry permit by the submission of forged or altered documents.
13. I understand that if it is not possible to obtain a visa or enter Japan, I will not be allowed to enter the NUFS campus and dormitory. In this case, I will be responsible for all the costs which I paid during my preparations.
14. I understand that if I do not perform any of the procedures described in "Things to do before and after your arrival in Japan" distributed with this pledge, I may be refused acceptance by NUFS and may be ordered to return to my country. In this case, I will follow the instructions of NUFS and will be responsible for all costs including hotel room charges for isolation period incurred up to that point. Normally, NUFS will bear the hotel room charges during the isolation period, but if students violate the pledge or do not perform the necessary procedures, NUFS will not subsidize the hotel room charges.
15. I agree to follow the instructions of the Japanese government and Nagoya University of Foreign Studies before and after my arrival in Japan and for the entire duration of the stay in Japan.

Date of filling \_\_\_\_\_

Name & Signature \_\_\_\_\_

Date of Birth \_\_\_\_\_

Home Institution \_\_\_\_\_

Address (home country) \_\_\_\_\_

Phone Number (home country) \_\_\_\_\_

Expected Arrival Date in Japan \_\_\_\_\_

Expected Departure Date from Japan \_\_\_\_\_