

Correspondence concerning the new coronavirus

In response to the Japanese government's decision to leave it up to individuals to decide whether or not to wear masks from March 13, Nagoya University of Foreign Studies (NUFS) will make the following changes to its measures against the new coronavirus.

- Orientation guidance and classes
 - Wear a mask at guidance sessions held on or before April 11.
 - For classes on and after April 12, it is up to the individual to decide whether or not to wear a mask during classes.
- School buses
 - Wear a mask during busy times (On weekdays; First bus to 11:00am and 4:30pm to 6:30pm).
 - Disinfect hands with alcohol before boarding.
 - Do not talk loudly.

As per the decision of the Japanese government, the wearing of masks in daily life from March 13 will be left to the discretion of the individual, but since life in the dormitory is communal, please observe the following rules.

《Basic infection control measures》

- ◆ Wash hands with soap when returning the dorm and before eating. Alcohol-based hand sanitizer can be used.
- ◆ In rooms where people gather, ventilate the room by opening the windows.
- ◆ Wearing a mask is recommended in the following situations.
 - (1) When visiting a medical institution.
 - (2) When visiting facilities with people at high risk of becoming seriously ill (e.g. elderly care facilities)
 - (3) When boarding crowded trains or buses.
 - (4) When you have symptoms that could be considered new coronavirus.
 - (5) When talking with others in the dormitory.

《When using a kitchen or dining space in your dormitory》

- ◆ Avoid gathering in large groups.
- ◆ Wash hands with soap before use. Alcohol-based hand sanitizer can be used.
- ◆ Ventilate a room by opening the windows.
- ◆ Prepare your own tableware and cutlery to avoid sharing.
Wash the used dishes and cutlery with dishwashing liquid.
- ◆ Wear a mask when talking with others.

《Dormitory Visitor》

- ◆ For security reasons, only residents are allowed to enter the dormitory.

《If you have symptoms of COVID-19》

- ◆ If you have a severe fever or cold and think you may be suffering from COVID-19, stay in your room and call or email to the caretaker, one of the RAs or the International Office, and then follow their instructions to see a doctor. Please go to a clinic/hospital alone to avoid infecting others.
- ◆ Before going to a clinic/hospital, fill out the medical questionnaire, which is written in both English and Japanese, and bring it with you. The medical questionnaire is available in the caretaker's office of the dormitory. You will also need your Residence Card and National Health Insurance Card.
- ◆ After visiting a clinic/hospital, report the result by phone or email to the caretaker (or RA, International Office).
- ◆ If necessary, contact your home university/family to inform them of your situation. For privacy reasons, NUFS will not inform your home university/family about it.
- ◆ If a positive result is found, register for "treatment at a designated hotel" in Aichi Prefecture and stay at a specified hotel for a specified period. Registrations can be made at the link below. Only available in Japanese. ID and password required, as indicated in the leaflet received at the clinic/hospital. <https://rsa2022.jp/>
- ◆ If you are unable to choose "treatment at a designated hotel" and treat yourself in a dormitory room, residents of International House or Global Village should move to the NUFS · NUAS Residence, during the home treatment period. Please confirm the information for "treatment in a dormitory room" given by the caretaker.

《Notes》

- ◆ All costs incurred as a result of contracting COVID-19, such as hospital visit fees, test fees, and medical care fees, are to be borne by the individual. Currently, there is no charge for testing if you have COVID-19 symptoms, but a hospital visit fee (several thousand yen) is required.

The Japanese government has announced that it will significantly relax measures related to the new coronavirus around May. Depending on this, testing fees may also be charged. Details will be provided after the government announcement.

- ◆ If you test positive for COVID-19 and ordered to be treated in isolation, be sure to receive treatment at a designated hotel in Aichi Prefecture. To prevent the spread of infection in the dormitory, the isolation treatment in your room is not allowed. Only if there is no vacancy at the designated hotel, you will receive isolation treatment at a place directed by NUFS.
- ◆ To prevent the spread of infection in the dormitories and on campus, follow all instructions from the International Office.

If there are any future changes in the policies of the Japanese government or NUFS,
we will inform you of the new rules again.